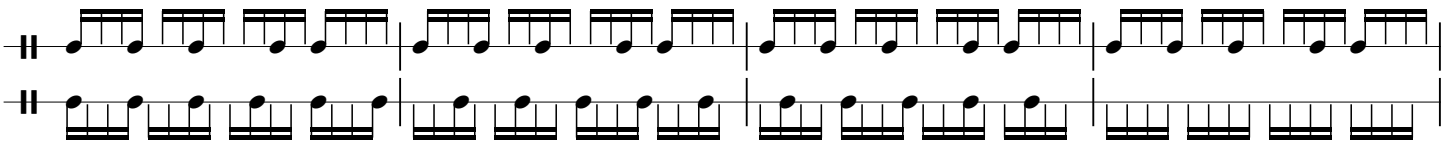


The Greb Mouth Challenge

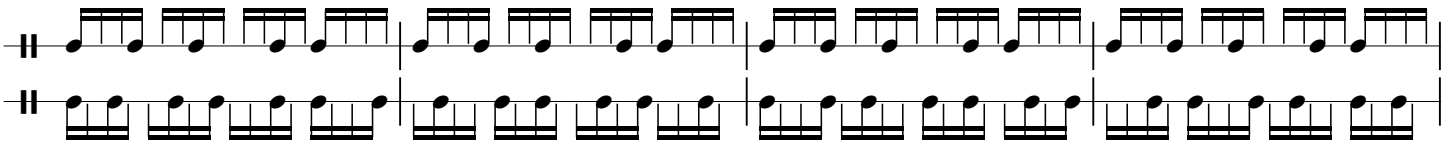
Son-Clave + Groupings



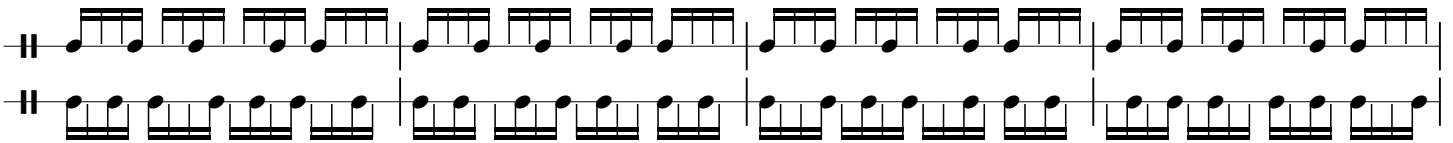
Son-Clave + groups of 3



Son-Clave + groups of 5



Son-Clave + groups of 7



Hier findest du das Originalvideo mit der Challenge von Benny Greb:
<https://www.instagram.com/p/CEmiitplzsF/?igshid=YmMyMTA2M2Y>



+ die Antwort vom Coach:
<https://www.instagram.com/p/CFAGJ2UiEEW/?igshid=YmMyMTA2M2Y>